

the
Feel Good
music collection

The Feel Good Music Collection was created by Fridrik Karlsson, who has used his extraordinary talent and expertise to compose and produce this collection. It has been inspired by the growing wave of people in search of relief from the effects of modern hectic and stressful lifestyles.

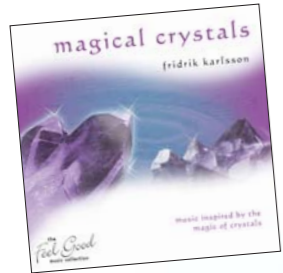
Fridrik's gentle soothing music is renowned for its healing and relaxation qualities, and has been proved to create the ultimate atmosphere in Salons, Health Spas and Alternative Therapy Rooms all over the world.



celtic sunset

music inspired by celtic traditions

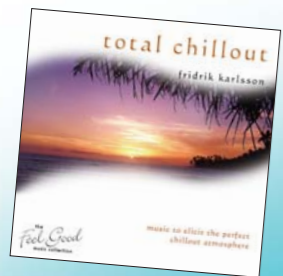
The music on this CD has been inspired by the Celtic music tradition. It is performed using organic Irish flutes, percussion and guitars to capture the true spirit of the ancient tradition.



magical crystals

music inspired by the magic of crystals

The music on this CD has been inspired by the power and magical qualities of crystals. Enjoy music at your leisure and let the sounds help you relax and rejuvenate. The perfect music to accompany crystal healing.



total chillout

music to elicit the perfect chillout atmosphere

The music on this CD has been especially written to elicit the perfect chillout atmosphere. Put this CD on any time to experience the ultimate in chill-out.



magical treatments

music to accompany various treatments

The music on this CD has been especially written with the needs of the therapist and their clients in mind. This soothing music will help create an ideal atmosphere to enhance your treatments. Relax, and enjoy a truly magical experience.



total tranquillity

music to promote tranquillity and peace

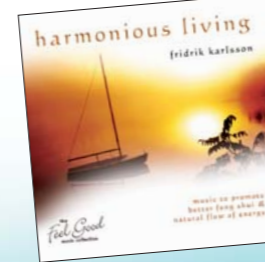
With today's busy, hectic lifestyles, people are more and more in need of moments of peace and tranquillity. Let this tranquil and soothing music assist you in making those moments even more magical.



good night

music to promote deep relaxation & better sleep

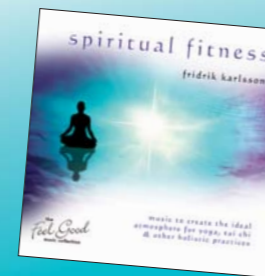
The music on this CD was composed to relax the mind and body in order to promote a deeper more restful sleep. The music is also suitable for meditation and deep relaxation practice.



harmonious living

music to promote better feng shui & natural energy flow

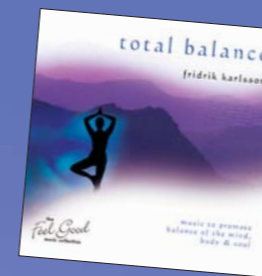
This music is inspired by the philosophies of feng shui and space clearing, that is living in harmony with the environment.



spiritual fitness

music to create the ideal atmosphere for yoga, tai chi & other holistic practices

Practice of ancient wisdoms has never been more popular than it is today. The music on this CD has been written specially to create the perfect condition for spiritual activities.



total balance

music to promote balance of the mind, body & spirit

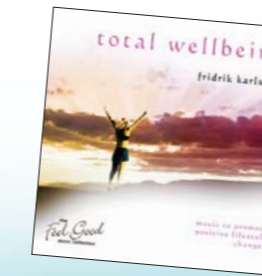
Scientific research has shown that there is a definite relationship between state of mind and bodily health. This CD features music specially written to influence our state of mind and to help you achieve total balance and harmony.



good morning

uplifting music to wake up to and keep you in good spirits throughout the day

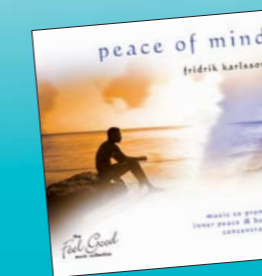
The way we start our day dictates how we perform during the remainder of it. The music on this CD has been written to evoke the energy from within and therefore provide a positive and zesty energy flow in the body.



total wellbeing

music to promote positive lifestyle changes

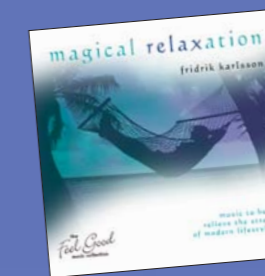
To achieve total wellbeing you have to consider and embrace the needs of the mind, body and spirit. The music on this CD has been specially written to inspire people in adopting a healthy new day to day lifestyle.



peace of mind

music to promote inner peace & better concentration

The music on this CD will help unlock your full creative potential by relaxing your mind and therefore creating more inner peace, resulting in improved concentration and enhanced overall performance.



magical relaxation

music to help relieve the stress of modern lifestyles

Stress is known to be very harmful both physically and mentally. The music on this CD is written and performed to accelerate the process of complete relaxation.



magical atmosphere

music to create a more magical atmosphere

The music on this cd has been especially written to create atmosphere of tranquillity and peace.



magical healing

music to accompany various healing treatments

Music to accompany the growing wave of ancient healing methods becoming more generally accepted today.



chill out heaven

music to create the ultimate chill out experience

The music on this CD has been especially written and procured to give you the ultimate chill out experience.

"We first came across Fridrik's music when one of our graduates sent us a CD. We were immediately hooked and find his music a great complement to the treatments we give."

David Woodhouse - Academy of On Site Massage